



ProKitchen
pro to go

breakfast

biscuits

plain	\$1.29
sausage	\$3.59
bologna	\$3.59
chicken	\$3.59
bacon, egg & cheese	\$4.79
sausage, egg & cheese	\$4.79

breakfast burritos

bacon, egg & cheese	\$4.69
sausage, egg & cheese	\$4.69
chicken	\$4.69

breakfast bowls

fuel up bowl	\$4.59
grits 8 oz	\$2.29

breakfast sandwiches

bacon, egg & cheese	\$5.39
sausage, egg & cheese	\$5.39

breakfast plates

full tank	\$8.99
2 meats, eggs, grits & a biscuit	
half tank	\$7.49
1 meat, eggs, grits & a biscuit	





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lunch & dinner

plates include a side, roll & sauce

chicken tenders

half tank (3pc).....\$8.99

full tank (5pc).....\$11.99

wings plate

half tank (6pc).....\$10.99

full tank (12pc).....\$16.99

wings only

half tank (6pc).....\$8.99

full tank (12pc).....\$14.99

sides

broccoli casserole.....\$2.69

baked potato casserole.....\$2.69

mac & cheese.....\$2.69





lunch & dinner

plates include meat, a side & roll

fried chicken

1/4 tank (4pc wing).....	\$9.99
1/3 tank (3pc leg).....	\$7.49
half tank (2pc mix - 1 breast).....	\$8.99
3/4 tank (2pc breast).....	\$10.49
full tank (3pc mix - 1 breast).....	\$10.59

fried fish

half tank (1pc).....	\$7.99
full tank (2pc).....	\$8.99

fried pork chops

half tank (1pc).....	\$7.99
full tank (2pc).....	\$8.99



pro to go faves

fried chicken sandwich.....	\$5.29
bbq sandwich.....	\$5.69
sausage dog.....	\$2.79
hamburger.....	\$4.79
cheeseburger.....	\$5.29
corn dog.....	\$2.49
chicken gizzards.....	\$6.49
mac & cheese.....	\$2.69
broccoli & cheese casserole.....	\$2.69
baked potato casserole.....	\$2.69

desserts

apple cobbler.....	\$2.69
peach cobbler.....	\$2.69
sweet potato casserole.....	\$2.69

health fuel

salads located in the cold case

chicken salad.....	\$9.49
chef salad.....	\$9.49
garden salad.....	\$7.99

sandwiches

grilled chicken sandwich.....	\$5.29
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